

The background of the slide is a photograph of a grand, classical-style building, likely a government or institutional structure. It features tall, fluted columns and ornate architectural details. The image is slightly faded and serves as a backdrop for the text.

Survey of Jail Mental Health Treatment Needs and Services

Senate Finance Public Safety Subcommittee
State Compensation Board
DMHMRSAS

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Need for Jail Diversion & Jail MH services

- **BJS (1998): 16% of inmates w/Mental Illness**
- **GAINS/Bazelon/NMHA, others:** Jails are *de facto* MH facilities for homeless and others with mental illness
- **Virginia SJR 440/97 (2002-3):**
 - Estimated 16% w/Mental Illness
 - Unmet treatment needs highlighted
- **Community:**
 - Unknown # arrested w/MI but not jailed; limited coordination

Towards a Solution

- ***Virginia DMHMRSAS Forensic Workgroup:***
 - **Fall, 2003 Multi-agency CJ/MH representation**
 - Partnering w/ Courts; Attorneys; Regional Jails and Sheriffs' Associations; Joint Behavioral Healthcare Subcommittee; Senate Finance subcommittee; Reentry Policy Team;
 - Studying all options for Diversion and Jail MH Services

The Challenge

- **4 Key Problems:**
 - ***Lack of Basic Community Resources:*** (Housing, MH services, etc.) Promotes homelessness & impedes prevention of arrest of persons w/mental illness.
 - ***Lack of Jail Diversion programs/resources statewide:*** (pre-booking, post-booking, post-sentencing)
 - ***Insufficient Treatment Resources in Jails:*** Jails must struggle to serve high #s of inmates with mental illness
 - ***High Demand for Limited State Hospital Capacity:*** (delays in accessing services impose strain on inmates and jails) 164 Beds for all “jail transfers”

The Question

- **What is the real demand for services?**
 - Lack of data: Jail Inmates w/mental illness
 - Lack of data: amount of MH services in Jails

The Survey

- **Goal:** Developing an accurate picture of Jail MH Services Needs/Demand; use results for planning
- **Obstacle:** Lack of access to jail MH information
- **Effort:** Developing improved collaboration w/Jails
- **Progress:** Summer 2005, Jails agreed to survey by Senate Finance/DMHMRSAS/ Compensation Board/
- **Result:** Surveyed all 67 Local and Regional Jails on September 13, 2005 “Tuesday Report”

Survey Results: Context

- ***Background:***

- ***Virginia Census (2004): 7,459,827 residents***
- ***Jail Admissions in 2005 : 218,467 (3% of total Virginia population)***
- ***Jails Census, Sept. 13, 2005: 24,595 inmates***

Survey Results: Overview

- ***What the jails told us:***
- **Overall result:**
 - 3991 of 24,595 inmates (16%) in Virginia Jails on September 13, 2005 had a mental illness
 - Annualized estimate: 35,450 (assumes= LOS)

Survey Results: Top 10 Jails

- **Jails w/high #s of inmates w/Mental Illness:**
 1. Hampton Roads Regional Jail (510)
 2. Fairfax County Jail (359)
 3. Richmond City Jail (323)
 4. Riverside Regional Jail (306)
 5. Prince William/Manassas Regional Jail (232)
 6. Arlington County Jail (221)
 7. Blue Ridge Regional Jail (138)
 8. Roanoke City Jail (126)
 9. Henrico County Jail (120)
 10. Virginia Beach City Jail (113)

Survey Results: MH Units

- **Jail Housing for inmates w/Mental Illness:**
 - 22 jails report specialized MH housing
 - 873 Jail MH treatment beds
 - 447 “Acute” MH treatment beds:
 - 321 for male inmates
 - 126 for female inmates
 - 426 “Non-acute” MH treatment beds
 - **Total: Ca. 22% of Inmates w/MI in specialized housing**
 - (compare with 164 DMHMRSAS jail transfer beds)

Survey Results: MH Screening

- **Jail MH Screening:**
- **Most jails w/high census screen all, and assess when needed**
- **90% of Jail Inmates have MH screening**
 - 78% (52 Jails) screen all admissions
 - 4% (3 Jails) screen some admissions
 - 18% (12 Jails) Don't screen/no screening info
- **Follow-up Comprehensive Assessment:**
 - 45% (30 Jails; 17,906 inmates; 73%) assess all w/positive screening
 - 37% (25 Jails; 5,947 inmates; 24%) assess w/acute cases¹

Survey Results: Psychiatry

- **Psychiatric/Jail M.D. MH Services:**
 - 30 Jails: Some Psychiatrist time allotted/week
 - 239 Psychiatry hours per week for all jails
 - (Ca. 6 FTEs)
 - 29 Jails: Some MH consult from Jail GP/M.D.
 - 163 MH treatment hours/week from GP/M.D.

Survey Results: Legal status

- **Jail Inmates w/MI by Legal Type:**
 - 1019 “State responsible” (felons)*
 - 2737 “Local responsible” (lower level offenses)
 - 172 Federal inmates (immigration, etc.)
 - 63 “Other” jurisdiction

* Virginia DOC has policy for transferring “their” inmates w/mental illness from jails sooner than inmates w/o MH treatment needs

Survey Results: Diagnoses

- **Inmates with MI by Psychiatric Diagnosis:**
 - 847 Inmates with Schizophrenic Disorders
 - 1174 Inmates with Bipolar Disorder
 - 846 Inmates with Depressive Disorders
 - 464 Inmates with Anxiety Disorders
 - 397 Inmates with Other Mental Illness
 - 263 Inmates with MI w/o Diagnosis
- **2270 w/Co-occurring MI and SA disorders**

Survey Results: Medication

- **Jail Formulary:**
 - 28 Jails report unrestricted formulary
 - 39 Jails report restricted formulary
- **Jail inmates categorized by medication type:**
 - 1245 treated with Antipsychotics
 - 815 treated with Mood Stabilizers
 - 2495 treated with Antidepressants
 - 294 treated with Anxiolytics
- **2005 Cost for MH medications = \$3,981,245**

Survey Results: MH Services

- **Jail MH Treatment Services:**
 - 54 Jails (81%) have non-MD MH Services
 - Ca. 40% by jail staff; 45% by CSBs; 15% Others
 - During week of Sept. 11, 2005:
 - 1181 Inmates received Individual counseling
 - 280 Inmates in MH group treatment
 - 1,367 Inmates in SA group treatment
 - 432 Inmates/other individual or group treatment
- **2005 Cost for Non-Medical MH Services= \$4,096,929**

Survey Results: Shared Clients

- **Compared Comp. Board data for Sept. 13, 2005 with DMHMRSAS and CSB databases**
 - **Comp Board:** 27,415 unique SSNs names/birthdates
 - **DMHMRSAS/CSBs databases:** 719 Jail inmates had been treated by CSBs and/or the DMHMRSAS
 - **Conclusions:** 18% of MH clientele jailed on 9/13/05
 - **Limitation:**
 - One day “snapshot” doesn’t give full picture of Jails/MH systems overlap
 - **Plan: Compare all 2005 jail data w/MH system data**

Survey Conclusions

- **3991 Jail inmates w/Mental Illness (35,450 est.per year)**
 - **Appox. 2000 w/Major Mental Illness**
 - **Approx. 2000 w/Anxiety/Depressive Disorders**
- **873 Dedicated Jail MH Beds**
- **Survey information is a “good start”**
 - **Next stage should include extraction of actual data from jail records**

Recommended Goals

- ***Prevent arrest and incarceration of persons w/MH with more housing and community MH services***
- ***Implement Jail Diversion wherever feasible:***
 - “Sequential Intercept Approach”
 - Pre-booking diversion whenever possible
 - Post-booking/post-sentencing diversion of low-risk defendants
- ***Improve Jail MH Services:***
 - Consider development of dedicated jail MH treatment areas operated by MH service providers
 - Consider developing standards for licensing Jail MH programs
- ***Ensure timely MH hospital admission for inmates needing inpatient treatment***

Suggested Process for Change

- ***Coordinate and link cross-governmental planning initiatives:***
 - JCHC/Behavioral Healthcare Subcommittee: Jail MH, NGRIs, etc.
 - Senate Finance/House Appropriations: funding; capital planning
 - Virginia Supreme Court: Civil commitment reform; MH courts
 - Executive Branch: DMHMRSAS work groups; DCJS initiatives; DJJ
 - Local/Regional Government: CSBs; Law Enforcement; CCJBs; Jails; Court Services units (adult and juvenile)
- ***Begin training “academy” with model Virginia programs:***
 - New River Valley CIT: Model pre-booking diversion w/law enforcement
 - Jail MH Services & Diversion Programs (Fairfax, Henrico, Arlington; HPR IV)
 - Virginia Beach CSB comprehensive Jail Services/Jail Diversion program
 - Norfolk MH Court
- ***Jail diversion funding should require quality monitoring and outcomes measurement***



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